

Grade 10, 11, 12 +
The following
Skill set:

Beautician & Hair



CANTAMESSA
ASSOCIATES



Beautician

Course Duration: 1 - 3 years

Course Description: Beginner,
Intermediate,
Advanced.

Course overview: **Beginner.**

- First Aid for the Beauty Sector.
- Eyebrows.
- Facial Beginner.
- Luxury Manicure & Pedicure.
- Gel Polish.
- Acrylic Nail Extensions.
- Beginners Make-up (Day and Evening Make-up)
- Festival Make-up.
- Beginners Theatrical and Special FX Make-up
- Face Painting Make-up
- Waxing.
- Haircare.
- Hair Beginner.
- Keratin hair treatment.
- Bouncy Blow Dry.





Course overview: Intermediate.

- First Aid for the Beauty Sector.
- Management in The Beauty Industry
- Occupational Health & Safety
- Professional Ethics
- Communication & Client Care
- Facial Intermediate.
- Body Massage.
- Deep Tissue Massage.
- Hot Stone Body Massage.
- Contouring Make-up.
- Waxing-Hot & Strip.
- Threading.
- Eyebrow & Eyelash tinting / Eyebrow shaping.
- Eyelash extensions.
- Lash lifting / Curling.
- Facial Therapy & Basic Dermatology.
- Swedish / Holistic Full-Body Massage.





Course overview: Advanced.

- Facial Peel-Advanced.
- Microdermabrasion Facial.
- Acne Solutions Facial.
- L E D Light Therapy Facial.
- Spray Tan.
- Advanced Spray Tan – Contouring.
- Tape Hair Extensions.
- Occupational Health & Safety.
- Professional Ethics.
- Communication & Client Care.
- Anatomy, Physiology & Biochemistry.
- Physics & Chemistry.
- Microbiology & Pathology.
- Nutrition, Body Alignment & Movement.
- Origins of Massage.
- Principles of Complementary & Alternative Medicine.
- Holistic massage.
- Facial Electrotherapy.
- Body Electrotherapy.
- Pre-blended Aromatherapy Oil Massage.
- Indian Head Massage.
- Hot Stone Therapy.



GRADE 10,11,12 + Hair

Course Duration: 1 - 3 years

Course Description: Beginner,
Intermediate,
Advanced.

Course overview:

- Health & Safety. 1
- Consultation services for clients. 1
- Shampoo, Condition, and Treat Scalp and Hair. 1
- Hair Styling Techniques. 1
- Pin Curl and Finger Waves. 1
- Anatomy & Physiology of Hair. 1
- Market retail products and services in the salon. 1
- Cut and shape gents' hair to create a variety of looks.
- Cut and shape ladies' hair to create a variety of looks.
- Barbering - Hot towel and Shaving service. 1
- Hair Colouring services. 1
- Perming services to create a variety of looks. 1



- Chemical Relaxing services for Ethnic hair. 1
- Style & Finish Ethnic hair. 1
(Braiding weaving and dreadlock techniques)





Course overview: Intermediate.

- Health & Safety. 2
- Consultation services for clients. 2
- Shampoo, Condition, and Treat Scalp and Hair. 2
- Hair Styling Techniques. 2
- Pin Curl and Finger Waves. 2
- Anatomy & Physiology of Hair. 2
- Market retail products and services in the salon. 2
- Cut and shape gents' hair to create a variety of looks.
- Cut and shape lady's hair to create a variety of looks.
- Barbering - Hot towel and Shaving service. 2
- Hair Colouring services. 2
- Perming services to create a variety of looks. 2
- Chemical Relaxing services for Ethnic hair. 2
- Style & Finish Ethnic hair. 2
(Braiding, weaving, and dreadlock techniques)
- Advanced hair Colouring services.
- Colour Correction services.
- Advanced Cutting techniques.



- Creative Hairdressing skills.
 - Bridal Hair.
 - Perform a Hair Extension service.
 - Product training.
- Human Resource Management within the hair & beauty sector.
- Business Studies & Marketing.
 - First Aid.





Course overview: Advanced.

- Health & Safety. 3
- Consultation services for clients. 3
- Shampoo, Condition, and Treat Scalp and Hair. 3
- Hair Styling Techniques. 3
- Pin Curl and Finger Waves. 3
- Anatomy & Physiology of Hair. 3
- Market retail products and services in the salon. 3
- Cut and shape gents' hair to create a variety of looks.
- Cut and shape ladies' hair to create a variety of looks.
- Barbering - Hot towel and Shaving service. 3
- Hair Colouring services. 3
- Perming services to create a variety of looks. 3
- Chemical Relaxing services for Ethnic hair. 3
- Style & Finish Ethnic hair.
- (Braiding, weaving, and dreadlock techniques) 3
- Advanced hair Colouring services. 3
- Colour Correction services. 3
- Advanced Cutting techniques. 3



- Creative Hairdressing skills. 3
- Bridal Hair. 3
- Perform a Hair Extension service. 3
- Product Training. 3
- Human Resource management within
- the hair & beauty Sector. 3
- Business Studies & Marketing. 3
- First Aid.



We also provide other skill sets to choose from

- Robotics
- Machine Learning
- Computer coding
- Computer Gaming
- Graphics Design
- Website Design
- Beautician & Hair
- Nails & Make Up
- Electrical Vehicle and AI
- Legal Professional Assistant
- Admin Professional Assistant
- Green Renewable Energy (Solar)

